Summary and Score for Ypsilanti city

Your community has submitted your PAC assessment for award consideration.

Summary

To enter information on your PAC assessment, place your cursor/mouse over the PAC Assessment menu tab (above) and click on the section for which you want to enter information.

To print a copy of your PAC assessment and the information you've entered to date, click here.

Award Level

Congratulations! Your community has achieved the following award level:

- No award level yet
- Platinum
- Gold
- Silver
- Bronze
- Copper

Click here for a description of the award levels and how they are calculated.

Score

The scores that you see on this page are preliminary until you submit your final assessment. After submission, your community will be assigned an award level based on the percentage of total points earned in each of the following three categories:

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- **Policies and planning**: Your community’s commitment to creating an active community in the future, as reflected in the policies, planning and funding your community has in place now
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The Promoting Active Communities assessment and award is brought to you by the Michigan Department of Community Health, the Governor's Council on Physical Fitness, Sports and Health, Michigan State University and the Prevention Research Center of Michigan.

### Key Component Scorecard

<table>
<thead>
<tr>
<th>Component</th>
<th>Your Score</th>
<th>Maximum Possible Score</th>
<th>Your % of Possible</th>
</tr>
</thead>
<tbody>
<tr>
<td>Community Policies and Planning</td>
<td>67.2</td>
<td>123</td>
<td>54.7%</td>
</tr>
<tr>
<td>Programming &amp; Promotion</td>
<td>51.5</td>
<td>96</td>
<td>53.6%</td>
</tr>
<tr>
<td>Current Environment</td>
<td>95.2</td>
<td>136</td>
<td>70%</td>
</tr>
</tbody>
</table>

### Summary Scorecard

Click here for a detailed scorecard.

<table>
<thead>
<tr>
<th>Category</th>
<th>Your Score</th>
<th>Maximum Possible Score</th>
<th>Your % of Possible</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Community Planning</td>
<td>36.5</td>
<td>47</td>
<td>77.7%</td>
</tr>
<tr>
<td>2. Ordinances, Zoning &amp; Codes</td>
<td>28.8</td>
<td>58</td>
<td>49.6%</td>
</tr>
<tr>
<td>3. Site Plan Review Process</td>
<td>2</td>
<td>18</td>
<td>11.1%</td>
</tr>
<tr>
<td>4. Maintenance</td>
<td>9</td>
<td>14</td>
<td>64.3%</td>
</tr>
<tr>
<td>5. Programs, Promotions &amp; Facilities for Physical Activity</td>
<td>26.2</td>
<td>49</td>
<td>53.6%</td>
</tr>
<tr>
<td>6. Safety &amp; Security Policies &amp; Education</td>
<td>5.5</td>
<td>13</td>
<td>42.3%</td>
</tr>
<tr>
<td>7. Bicycle Facilities</td>
<td>4.5</td>
<td>13</td>
<td>34.6%</td>
</tr>
<tr>
<td>8. Public Transportation</td>
<td>17</td>
<td>19</td>
<td>89.5%</td>
</tr>
<tr>
<td>9. Downtown</td>
<td>31</td>
<td>36</td>
<td>86.1%</td>
</tr>
<tr>
<td>10. Shopping Areas</td>
<td>14.5</td>
<td>15</td>
<td>96.7%</td>
</tr>
<tr>
<td>11. Schools</td>
<td>9.5</td>
<td>22</td>
<td>43.2%</td>
</tr>
<tr>
<td>12. Neighborhoods</td>
<td>12.5</td>
<td>21</td>
<td>59.4%</td>
</tr>
<tr>
<td>13. Worksites</td>
<td>17</td>
<td>30</td>
<td>56.7%</td>
</tr>
</tbody>
</table>

http://mihealthtools.org/communities/default.asp?tab=summaryandscore
Summary and Score for Ypsilanti city

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## Key Component Scorecard

<table>
<thead>
<tr>
<th>Scorecard</th>
<th>Your Score</th>
<th>Maximum Possible Score</th>
<th>Your % of Possible</th>
</tr>
</thead>
<tbody>
<tr>
<td>Community Policies and Programming</td>
<td>69.2</td>
<td>123</td>
<td>56.3%</td>
</tr>
<tr>
<td>Programming &amp; Promotion</td>
<td>51.5</td>
<td>96</td>
<td>53.6%</td>
</tr>
<tr>
<td>Current Environment</td>
<td>97.2</td>
<td>136</td>
<td>71.5%</td>
</tr>
</tbody>
</table>

## Detailed Scorecard

(for a summary scorecard, click here)

<table>
<thead>
<tr>
<th>Scorecard</th>
<th>Your Score</th>
<th>Maximum Possible Score</th>
<th>Your % of Possible</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Community Planning</td>
<td>38.5</td>
<td>47</td>
<td>81.9%</td>
</tr>
<tr>
<td>Community Commitment to Active Living</td>
<td>2</td>
<td>2</td>
<td>100%</td>
</tr>
<tr>
<td>Community Planning Documents</td>
<td>20.5</td>
<td>25</td>
<td>82%</td>
</tr>
<tr>
<td>Government Support for Active Living</td>
<td>16</td>
<td>20</td>
<td>80%</td>
</tr>
<tr>
<td>2. Ordinances, Zoning &amp; Codes</td>
<td>28.8</td>
<td>58</td>
<td>49.6%</td>
</tr>
<tr>
<td>Zoning</td>
<td>5.8</td>
<td>12</td>
<td>47.9%</td>
</tr>
<tr>
<td>Sidewalks</td>
<td>13</td>
<td>21</td>
<td>61.9%</td>
</tr>
<tr>
<td>Street Trees</td>
<td>1</td>
<td>2</td>
<td>50%</td>
</tr>
<tr>
<td>Redevelopment</td>
<td>1</td>
<td>1</td>
<td>100%</td>
</tr>
<tr>
<td>Connectivity</td>
<td>4</td>
<td>6</td>
<td>66.7%</td>
</tr>
<tr>
<td>Dogs</td>
<td>1</td>
<td>1</td>
<td>100%</td>
</tr>
<tr>
<td>Crossing Areas</td>
<td>0</td>
<td>7</td>
<td>0%</td>
</tr>
<tr>
<td>Parking Standards</td>
<td>3</td>
<td>7</td>
<td>42.9%</td>
</tr>
<tr>
<td>Access Management</td>
<td>0</td>
<td>1</td>
<td>0%</td>
</tr>
<tr>
<td>3. Site Plan Review Process</td>
<td>2</td>
<td>18</td>
<td>11.1%</td>
</tr>
<tr>
<td>4. Maintenance</td>
<td>9</td>
<td>14</td>
<td>64.3%</td>
</tr>
<tr>
<td>5. Programs, Promotions &amp; Facilities for Physical Activity</td>
<td>28.2</td>
<td>49</td>
<td>57.7%</td>
</tr>
<tr>
<td>Programming &amp; Promotion</td>
<td>15.5</td>
<td>23</td>
<td>67.4%</td>
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<tr>
<td>Recreation Facilities</td>
<td>5</td>
<td>13</td>
<td>38.5%</td>
</tr>
<tr>
<td>Parks</td>
<td>4.8</td>
<td>7</td>
<td>67.9%</td>
</tr>
<tr>
<td>Trails/Shared-Use Path</td>
<td>3</td>
<td>6</td>
<td>50%</td>
</tr>
<tr>
<td>6. Safety &amp; Security Policies &amp; Education</td>
<td>5.5</td>
<td>13</td>
<td>42.3%</td>
</tr>
<tr>
<td>Education</td>
<td>1</td>
<td>2</td>
<td>50%</td>
</tr>
<tr>
<td>Injury Prevention</td>
<td>0</td>
<td>2</td>
<td>0%</td>
</tr>
<tr>
<td>Security From Crime</td>
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<td>9</td>
<td>50%</td>
</tr>
<tr>
<td>7. Bicycle Facilities</td>
<td>4.5</td>
<td>13</td>
<td>34.6%</td>
</tr>
<tr>
<td>8. Public Transportation</td>
<td>17</td>
<td>19</td>
<td>89.5%</td>
</tr>
<tr>
<td>9. Downtown</td>
<td>31</td>
<td>36</td>
<td>86.1%</td>
</tr>
<tr>
<td>Presence of Downtown</td>
<td>5</td>
<td>5</td>
<td>100%</td>
</tr>
<tr>
<td>Mixed Land Use &amp; Accessibility</td>
<td>10</td>
<td>13</td>
<td>76.9%</td>
</tr>
<tr>
<td>Sidewalks</td>
<td>5.8</td>
<td>6</td>
<td>95.8%</td>
</tr>
<tr>
<td>Crosswalks</td>
<td>3</td>
<td>4</td>
<td>75%</td>
</tr>
<tr>
<td>Streetscape</td>
<td>3.5</td>
<td>4</td>
<td>87.5%</td>
</tr>
<tr>
<td>Lighting</td>
<td>1</td>
<td>1</td>
<td>100%</td>
</tr>
<tr>
<td>Parking</td>
<td>2</td>
<td>2</td>
<td>100%</td>
</tr>
<tr>
<td>Crime</td>
<td>0.8</td>
<td>1</td>
<td>75%</td>
</tr>
<tr>
<td><strong>10. Shopping Areas</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>-----------------------</td>
<td>---</td>
<td>---</td>
<td>---</td>
</tr>
<tr>
<td>Accessibility</td>
<td>3</td>
<td>3</td>
<td>100%</td>
</tr>
<tr>
<td>Sidewalks</td>
<td>3</td>
<td>3</td>
<td>100%</td>
</tr>
<tr>
<td>Streetscape</td>
<td>2</td>
<td>2</td>
<td>100%</td>
</tr>
<tr>
<td>Lighting</td>
<td>1</td>
<td>1</td>
<td>100%</td>
</tr>
<tr>
<td>Crosswalks &amp; Traffic</td>
<td>3.5</td>
<td>4</td>
<td>87.5%</td>
</tr>
<tr>
<td>Parking</td>
<td>2</td>
<td>2</td>
<td>100%</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>11. Schools</strong></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Healthy School Action School</td>
<td>0</td>
<td>1</td>
<td>0%</td>
</tr>
<tr>
<td>Safe Routes to School</td>
<td>4</td>
<td>10</td>
<td>40%</td>
</tr>
<tr>
<td>Physical Education</td>
<td>2.5</td>
<td>5</td>
<td>50%</td>
</tr>
<tr>
<td>Other Physical Activity Opportunities</td>
<td>2</td>
<td>3</td>
<td>66.7%</td>
</tr>
<tr>
<td>Physical Activity Policies</td>
<td>1</td>
<td>3</td>
<td>33.3%</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>12. Neighborhoods</strong></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Services Nearby</td>
<td>2.6</td>
<td>4</td>
<td>65.9%</td>
</tr>
<tr>
<td>Access to Services</td>
<td>1.2</td>
<td>2</td>
<td>58.3%</td>
</tr>
<tr>
<td>Streets in Neighborhood</td>
<td>1.3</td>
<td>2</td>
<td>66.7%</td>
</tr>
<tr>
<td>Places for Walking</td>
<td>2</td>
<td>2</td>
<td>100%</td>
</tr>
<tr>
<td>Neighborhood Surroundings</td>
<td>1.5</td>
<td>2</td>
<td>75%</td>
</tr>
<tr>
<td>Neighborhood Safety - Pedestrian and Bike</td>
<td>0.5</td>
<td>2</td>
<td>25%</td>
</tr>
<tr>
<td>Neighborhood Safety - Crime Rate</td>
<td>0.3</td>
<td>2</td>
<td>16.7%</td>
</tr>
<tr>
<td>Neighborhood Safety - Crime Prevention</td>
<td>2</td>
<td>3</td>
<td>66.7%</td>
</tr>
<tr>
<td>Recreation</td>
<td>1</td>
<td>2</td>
<td>50%</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>13. Worksites</strong></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Private Worksite Promotion of Physical Activity</td>
<td>8</td>
<td>15</td>
<td>53.3%</td>
</tr>
<tr>
<td>Promotion of Physical Activity for Public Employees</td>
<td>9</td>
<td>15</td>
<td>60%</td>
</tr>
</tbody>
</table>

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SECTION 1: COMMUNITY PLANNING

In this section, we ask if your community's planning documents, priorities, and funding reflect commitments to health, recreation, and/or active living. To complete Section 1, you may need to talk with your community planning director, planning and zoning officer, town clerk, township supervisor, regional transportation authority, and/or city manager.

Note: If you have questions about any aspect of the assessment, please contact Sarah Panken (via email at slpanken@michiganfitness.org or via phone at 517-347-7891).

LEARN MORE! Follow the DG and RG links.

Community Commitment to Active Living

1.1 Has your community's governing body (for example, your city or village council, or township board) formed a standing citizens’ advisory group, non-motorized transportation advisory group, or health coalition that is working to increase, improve and/or promote opportunities for active living such as walking, biking, or recreation in your community?

- Yes
- No

1.1a. Who is the leader or chairperson of your group?

Name: Deb Young
Organization: Ypsilanti Health Coalition
Title: Coalition Facilitator
Email: youngdd@trinity-health.org
Phone: (734) 544-6904

1.2 Has your community's governing body (for example, your city or village council, or township board) assigned a staff person to be specifically responsible for pedestrian and/or bicycle transportation options?

- Yes
- No

1.2a. Who is that person?

Name: Bonnie Wessler
Organization: City of Ypsilanti Planning & C
Title: Planning Intern
Community Planning Documents

1.3 Does your community have a:

| a. Master Plan and/or Parks and Recreation Plan | Yes | No |
| b. Regional Transportation Plan | Yes | No |
| c. One or more of the following: Non-motorized Transportation Plan, Bicycle Master Plan* and/or Pedestrian Master Plan** | Yes | No |

*Bicycle master plan: A document created to establish ways to include biking facilities in a city's transportation plan. Bicycle master plans usually cover ways to plan and design bicycle route networks, create bicycle parking, provide bicycling amenities such as showers and clothing lockers (usually with landowners' assistance), maintain the route network, offer bicycle safety programs, promote bicycling in the city, and obtain the funds to implement these items.

**Pedestrian master plan: A city- or township-wide plan developed to address the needs of pedestrians. Commonly these plans inventory existing pedestrian facilities and conditions (e.g., identify areas missing sidewalks or places with previous pedestrian-automotive accidents), create a priority list for public investment in infrastructure improvements, and implement the plan through a capital improvements program and the adoption of pedestrian supportive regulations or actions (e.g., creating pedestrian oriented design guidelines). Overall goals of such a plan can include enhancing mobility and physical activity for persons of all age and socioeconomic groups, increasing the use of non-motorized forms of transit, and enhancing environmental quality (i.e., air and water quality).

1.3a.1 You indicated your community has a Master Plan or a Parks and Recreation Plan or both. Which answer best describes your Master Plan or Parks and Recreation Plan?

- We have a Master Plan, but not a Parks and Recreation Plan
- We have a Parks and Recreation Plan, but not a Master Plan
- We have both types of plans, but they are separate documents
- We have both types of plans combined into one document

1.3a.2 When was your Master Plan last updated?
(If your community does not have a Master Plan, answer for your Parks and Recreation plan.)

Year: 2008

1.3a.3 Is a budget, cost estimates or capital improvement plan (CIP) connected to your Master Plan and/or Parks and Recreation Plan?

- Yes  
- No

1.3a.4 Is there a timetable for implementation of your Master Plan and/or Parks and Recreation Plan?

- Yes  
- No
1.3a.5 Are your Master Plan and/or Parks and Recreation Plan being followed?

*Note: This means some elements of the plan have been implemented or there are budget allocations or contracts in place for implementing certain elements.*

☐ Yes       ☐ No

1.3a.6 Do either your Master Plan and/or Parks and Recreation Plan support the following active living concepts:

<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Creating and maintaining a comprehensive network of safe walking routes in your community</td>
<td>☐</td>
</tr>
<tr>
<td>b. Creating and maintaining a comprehensive network of safe bike routes in your community</td>
<td>☐</td>
</tr>
<tr>
<td>c. Protection of open spaces and natural resources</td>
<td>☐</td>
</tr>
<tr>
<td>d. <strong>Mixed use</strong> (mixing of residential and commercial land in the same area)</td>
<td>☐</td>
</tr>
<tr>
<td>e. Providing <strong>shared public places</strong></td>
<td>☐</td>
</tr>
<tr>
<td>f. Designing attractive downtown areas or village centers</td>
<td>☐</td>
</tr>
<tr>
<td>g. Creating a network of parks</td>
<td>☐</td>
</tr>
<tr>
<td>h. Maintaining and increasing the amount of <strong>shared-use paths and trails</strong></td>
<td>☐</td>
</tr>
<tr>
<td>i. Providing recreation facilities for people of all ages and all abilities</td>
<td>☐</td>
</tr>
<tr>
<td>j. Creating <strong>greenways</strong> between parks, open spaces and outdoor recreation areas</td>
<td>☐</td>
</tr>
<tr>
<td>k. Improving access to public transportation</td>
<td>☐</td>
</tr>
<tr>
<td>l. Ensuring that parks, <strong>shared-use paths/trails</strong> and open spaces are within walking distance of most homes, especially affordable housing</td>
<td>☐</td>
</tr>
</tbody>
</table>

The following questions pertain to your community’s Regional Transportation Plan.

1.3b.1 When was your Regional Transportation Plan last updated?

Year: 2009

1.3b.2 Is there a timetable for implementation of your Regional Transportation Plan?

☐ Yes       ☐ No

1.3b.3 Is your Regional Transportation Plan being followed?

*NOTE: This means some elements of the plan have been implemented or there are budget allocations or contracts in place for implementing certain elements.*

☐ Yes       ☐ No
1.3b.4 Does your Regional Transportation Plan support the following active living concepts:

<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>☐</td>
<td>☐</td>
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<tr>
<td>☐</td>
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<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>☐</td>
<td>☐</td>
</tr>
</tbody>
</table>

Please answer the following questions in regard to your Non-Motorized Transportation Plan, Bicycle Master Plan, and/or Pedestrian Master Plan.

1.3c.1 When was your Non-Motorized Transportation/Bicycle/Pedestrian Master Plan last updated? (Use the plan that was updated most recently.)

Year: 2009

1.3c.2 Is there a budget, cost estimates or capital improvement plan (CIP) connected to one or more of your Non-Motorized Transportation/Bicycle/Pedestrian Master Plans?

☐ Yes ☐ No

1.3c.3 Is there a timetable for implementation of any of your Non-Motorized Transportation/Bicycle/Pedestrian Master Plans?

☐ Yes ☐ No

1.3c.4 Are any of your Non-Motorized Transportation/Bicycle/Pedestrian Master Plans being followed?

Note: This means some elements of at least one of the plans have been implemented or there are budget allocations or contracts in place for implementing certain elements.

☐ Yes ☐ No

1.3c.5 Are any of these plans linked and integral to your Regional Transportation and Master Plans?

☐ Yes ☐ No

1.3c.6 Do any of your Non-Motorized Transportation/Bicycle/Pedestrian Master Plans support the following active living concepts:
### Government Support for Active Living

1. Has your community conducted a **walkability audit**?  
   - Yes; Indicate Year: 2009  
   - No

1.5 Does your community have a plan or program to complete important **sidewalk connections** that are currently missing?  
   - Yes  
   - No  
   - All sidewalks in the community are already connected

1.6 Does your community have a plan or program to bring all sidewalks into compliance with **Americans with Disabilities Act (ADA)** requirements?  
   - Yes  
   - No  
   - All sidewalks in the community are ADA compliant

1.7 Has your community conducted a **bikeability audit**?  
   - Yes; Indicate Year: 2008  
   - No

1.8 Do your community’s planning documents require the accommodation of bicyclists in the roadway, such as the striping of **bike lanes** or paving of **wide curb lanes**, whenever major roads, (like **arterials** or collectors) are newly constructed or resurfaced in your community?  
   - Yes  
   - No

---

<table>
<thead>
<tr>
<th></th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Creating and maintaining a comprehensive network of safe walking routes in your community</td>
<td></td>
<td></td>
</tr>
<tr>
<td>b. Creating and maintaining a comprehensive network of safe bike routes in your community</td>
<td></td>
<td></td>
</tr>
<tr>
<td>c. Providing <strong>shared public places</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>d. Designing attractive downtown areas or village centers</td>
<td></td>
<td></td>
</tr>
<tr>
<td>e. Maintaining and increasing the amount of <strong>shared-use paths and trails</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>f. Creating <strong>greenways</strong> between parks, open spaces and outdoor recreation areas</td>
<td></td>
<td></td>
</tr>
<tr>
<td>g. Improving access to public transportation</td>
<td></td>
<td></td>
</tr>
<tr>
<td>h. Ensuring that parks, <strong>shared-use paths/trails</strong> and open spaces are within walking distance of most homes, especially affordable housing</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
1.9 When major roads, (like arterials or collectors) are newly constructed or resurfaced in your community, how often are bicycle accommodations provided in the roadway, such as the striping of bike lanes or paving of wide curb lanes?

- Always (More than 75% of the time)
- Often (50-75% of the time)
- Sometimes (Less than 50% of the time)
- Never

1.10 In the past 5 years, has your community shown a commitment to creating opportunities for physical activity by passing bonds, passing millages, levying taxes or getting grants to finance the following?

<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Shared-use paths or trails</td>
<td></td>
</tr>
<tr>
<td>b. Recreation facilities</td>
<td></td>
</tr>
<tr>
<td>c. Parks and/or greenways</td>
<td></td>
</tr>
<tr>
<td>d. Sports facilities</td>
<td></td>
</tr>
<tr>
<td>e. Pedestrian enhancements (sidewalks, street crossing enhancements, etc.)</td>
<td></td>
</tr>
<tr>
<td>f. Bicycle enhancements (bike lanes, bike parking, road diets, etc.)</td>
<td></td>
</tr>
</tbody>
</table>

1.11 Section 10k of Act 51 establishes non-motorized transportation as a transportation purpose under the law, and therefore an eligible use of revenues distributed to cities and villages from the Michigan Transportation Fund (MTF). The section requires recipients of MTF revenues to spend an average (over a 10 year period) of not less than 1 percent of these revenues on non-motorized transportation services and facilities.

To answer the following questions, speak to your street engineer if you are in a city or village, and your county road commission if you are in a township.

1.11a What was your community’s total funding through the MTF (Michigan Transportation Funds) last year?

$131,887

1.11b. If your community’s MTF funding has remained relatively constant, approximately $131,887 was available to your community for non-motorized transportation through MTF funds over the past 10 years.

1.12 How much of your community’s Michigan Transportation Fund revenues did your community spend last year on non-motorized transportation services and facilities?

$7,115

1.12a. Last year, your community spent 0.54% of their Michigan Transportation Fund revenues on non-motorized transportation services and facilities.
The Promoting Active Communities assessment and award is brought to you by the Michigan Department of Community Health, the Governor's Council on Physical Fitness, Sports and Health, Michigan State University and the Prevention Research Center of Michigan.

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SECTION 2: ORDINANCES, ZONING AND CODES

Active Living principles can be reflected in a community’s ordinances, zoning, and codes. Take a look at your local government ordinances or codebook to answer the questions in Section 2. Your city or township manager or city planner should be able to help you locate and interpret these documents.

Note: If you have questions about any aspect of the assessment, please contact Sarah Panken (via email at slpanken@michiganfitness.org or via phone at 517-347-7891).

LEARN MORE! Follow the DG and RG links.

Zoning

2.1 Do your community’s zoning regulations allow **mixed land use**, at least in some areas? This means that retail establishments, residential uses, and community services can be side by side, in close proximity, or within the same building.

☐ Yes (Your ordinance allows this in at least some areas)
☐ No (Your ordinance does not allow this in any areas)

2.2 Do your community’s zoning regulations allow **cluster zoning**? This means developers can design neighborhoods that group houses closer together as long as a portion of the proposed development area is preserved as open space.

☐ Yes
☐ No

2.3 Do your community’s zoning regulations allow **planned unit development** (PUD) (also called planned residential development) and does your community use PUDs to promote active living?

☐ Yes
☐ No

2.4 Has your community adopted a **form-based code or smart code**?

☐ Yes
☐ No

2.5 Has your community adopted provisions enabling **traditional neighborhood developments** (TND)? Provisions could be revisions or a new chapter within your existing zoning ordinance, or adoption of a stand-alone ordinance enabling TND or **New Urbanist** neighborhoods.
2.6 Do your community's zoning regulations require that new commercial or residential developments limit the number of driveways that open onto major streets and roads? This is known as access management.

- Yes
- No

2.7 In your lowest density residential zone, the maximum number of dwelling units that may be developed as a permitted use is:

- Less than 1 dwelling unit per acre
- 1 dwelling unit per acre
- 2-4 dwelling units per acre
- 5-8 dwelling units per acre
- 9-13 dwelling units per acre
- Over 13 dwelling units per acre

2.8 In your highest density residential zone, the maximum number of dwelling units that may be developed as a permitted use is:

- 2-4 dwelling unit per acre
- 5-8 dwelling unit per acre
- 8-15 dwelling units per acre
- 16-24 dwelling units per acre
- 25-59 dwelling units per acre
- Over 60 dwelling units per acre

2.9 In your highest density residential zone, the minimum number of off-street parking spaces required is:

- 0 (off street parking is not required)
- 0.5 per dwelling unit
- 1 per dwelling unit
- 2 per dwelling unit
- 2.5 per dwelling unit
- 3 per dwelling unit

2.10 In your lowest density residential zone, the minimum front yard setback allowed is:

- More than 25 feet
- 21-25 feet
- 16-20 feet
- 11-15 feet
- 10 feet or less
- Your community does not have this type of ordinance
2.11 Do your community's zoning regulations allow the development of neighborhood-oriented commercial businesses, such as coffee shops, corner groceries, daycare centers, or laundromats in all residential zones as a permitted or conditional use?

☐ Yes
☐ No

2.12 Do your community's zoning regulations allow zero lot line development in commercial or mixed use zones?

☐ Yes
☐ No

2.13 Do your community's zoning regulations require sidewalks to be built for each of the following types of development:

<table>
<thead>
<tr>
<th>Development Type</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Street infrastructure enhancements</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>b. Residential new development</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>c. Residential redevelopment</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>d. Commercial new development</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>e. Commercial redevelopment</td>
<td>☐</td>
<td>☐</td>
</tr>
</tbody>
</table>

2.13b.1 For residential new development, are the following sidewalk features required:

<table>
<thead>
<tr>
<th>Feature</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Sidewalks must be 5 feet wide or wider</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>b. Sidewalks must be on both sides of the street</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>c. There must be a buffer zone between the sidewalk and traffic on the street. (This can include on-street parking)</td>
<td>☐</td>
<td>☐</td>
</tr>
</tbody>
</table>

2.13c.1 For residential redevelopment, are the following sidewalk features required:

<table>
<thead>
<tr>
<th>Feature</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Sidewalks must be 5 feet wide or wider</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>b. Sidewalks must be on both sides of the street</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>c. There must be a buffer zone between the sidewalk and traffic on the street. (This can include on-street parking)</td>
<td>☐</td>
<td>☐</td>
</tr>
</tbody>
</table>
2.13d.1 For commercial new development, are the following sidewalk features required:

<table>
<thead>
<tr>
<th>Feature</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Sidewalks must be 5 feet wide or wider</td>
<td>![Yes]</td>
<td>![No]</td>
</tr>
<tr>
<td>b. Sidewalks must be on both sides of the street</td>
<td>![Yes]</td>
<td>![No]</td>
</tr>
<tr>
<td>c. There must be a buffer zone between the sidewalk and traffic on the street. (This can include on-street parking)</td>
<td>![No]</td>
<td>![Yes]</td>
</tr>
</tbody>
</table>

2.13e.1 For commercial redevelopment, are the following sidewalk features required:

<table>
<thead>
<tr>
<th>Feature</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Sidewalks must be 5 feet wide or wider</td>
<td>![Yes]</td>
<td>![No]</td>
</tr>
<tr>
<td>b. Sidewalks must be on both sides of the street</td>
<td>![Yes]</td>
<td>![No]</td>
</tr>
<tr>
<td>c. There must be a buffer zone between the sidewalk and traffic on the street. (This can include on-street parking)</td>
<td>![No]</td>
<td>![Yes]</td>
</tr>
</tbody>
</table>

2.14 Is sidewalk furniture, such as newspaper vending machines, advertising signs, benches, flags, or construction signs, required to be out of the path of pedestrians?

- Yes
- No
- Not applicable; Your community does not have sidewalks

2.15 Do your community's zoning regulations or other local ordinances (e.g., tree ordinances) require planting street trees at planned intervals along the buffer zone/planting strip:

<table>
<thead>
<tr>
<th>Type</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. For new development</td>
<td>![Yes]</td>
<td>![No]</td>
</tr>
<tr>
<td>b. For redevelopment</td>
<td>![No]</td>
<td>![Yes]</td>
</tr>
</tbody>
</table>

Street Trees

2.16 Does your community encourage infill development on vacant or underutilized land by offering incentives or financial assistance to interested developers, non-profit organizations, or landowners?

*Note: Infill development does not include development of open farmland or other greenspaces.*

- Yes
- No
Not applicable; Your community does not have vacant or underutilized land

Connec[ti]v[ity](DG)∞

2.17 Do your community's master plan or subdivision regulations require high connectivity by requiring 300-400 foot block lengths for new development?

☐ Yes
☐ No

2.18 Do your community's master plan or subdivision regulations require high connectivity by requiring a grid-like street design for new development?

☐ Yes
☐ No

2.19 Do your community's master plan or subdivision regulations require that all newly constructed or redeveloped streets in residential or commercial developments connect to adjacent neighborhoods and community amenities in the following ways:

<table>
<thead>
<tr>
<th>In residential areas</th>
<th>In commercial areas</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>Yes</td>
<td>No</td>
</tr>
</tbody>
</table>

a. Via streets

b. Via sidewalks or shared-use paths/trails

Dogs(DG)∞

2.20 Do your local ordinances or subdivision regulations require dogs to be on leashes or kept in fenced yards at all times, except at dog parks?

☐ Yes, we have an ordinance and it is enforced
☐ Yes, we have an ordinance but it is not enforced
☐ No, we do not have an ordinance

Crossing Areas(DG)∞
2.21 Do your local ordinances require that there be marked and/or raised cross-walks with additional pedestrian-focused treatments, such as pedestrian signals, median islands, leading-time pedestrian signals, or visibility enhancements such as flashing lights:

<table>
<thead>
<tr>
<th></th>
<th>Yes</th>
<th>No</th>
<th>Not Applicable</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. At all intersections close to schools</td>
<td></td>
<td></td>
<td>No schools in the community</td>
</tr>
<tr>
<td>b. At all major intersections</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

2.22 Do your local ordinances require the installation of traffic islands or medians on newly built or reconstructed streets wider than 60 feet to provide refuge for pedestrians?

- Yes
- No

Click here NOW to save your work and check your answers

Remember, you can return and change your responses anytime prior to your final submission. If you leave this page without saving, all data entered will be lost and must be re-entered.

**Parking Standards**

2.23 For commercial establishments, has your local government unit adopted ordinances that:

<table>
<thead>
<tr>
<th></th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Require reduced minimum parking standards (for example, capping the number of parking spaces per square foot of retail space)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>b. Allow flexible parking arrangements, such as shared parking lots to meet the minimum parking standard</td>
<td></td>
<td></td>
</tr>
<tr>
<td>c. Require maximum parking standards (for example, fewer parking spaces are allowed per square foot of retail space)</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

2.24 Do your community's zoning regulations allow or require new commercial areas to locate parking behind the building or on the street, rather than in a parking lot that is located between the street/sidewalk and the building?

- Yes, our ordinances require this
- Yes, our ordinances allow this
- No, our ordinances do not allow this

2.25 Do your community's zoning regulations require that new commercial areas have designated pedestrian walkways through parking lots?

- Yes
- No
2.26 Do your community's ordinances allow on-street parking on neighborhood streets?

〇 Yes
〇 No

2.27 Do your community's ordinances require bike parking for new commercial development?

〇 Yes
〇 No

Access Management

2.28 Has your community developed an access management program to improve the safety of your transportation system?

〇 Yes
〇 No

Click here NOW to save your work and check your answers
Remember, you can return and change your responses anytime prior to your final submission. If you leave this page without saving, all data entered will be lost and must be re-entered.
SECTION 3: SITE PLAN REVIEW PROCESS

When local governments review and approve proposed development plans for a particular piece of property, they can require that Active Living principles be applied. To find the answers to questions in Section 3, talk to your city or township manager, or city planner.

Note: If you have questions about any aspect of the assessment, please contact Sarah Panken (via email at slpanken@michiganfitness.org or via phone at 517-347-7891).

LEARN MORE! Follow the ↓ and → links.

3.1 Does your community work with subdivision applicants and developers to ensure the walkability of proposed development? Walkability includes features such as grid street design, sidewalks along all roads, street buffers, mixed use, and shared-use paths.

- Always
- Often (more than half of the time)
- Sometimes (half of the time or less)
- Never

3.2. Does your community work with subdivision applicants and developers to ensure the bikeability of proposed development? Bikeability includes features such as bike lanes, signed preferred bicycle routes, mixed use, shared-use paths, and bicycle parking.

- Always
- Often (more than half of the time)
- Sometimes (half of the time or less)
- Never

3.3 Do the written documents that guide your community's site plan review process offer incentives or expedited approvals for the following active living principles?

<table>
<thead>
<tr>
<th></th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Locate new development adjacent to existing infrastructure</td>
<td></td>
<td></td>
</tr>
<tr>
<td>b. Create a mixed use community</td>
<td></td>
<td></td>
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<tr>
<td>c. Preserve open space and farmland</td>
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<tr>
<td>d. Is within walking distance of public transportation</td>
<td></td>
<td></td>
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<tr>
<td>e. Build pedestrian amenities, such as sidewalks on</td>
<td></td>
<td></td>
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<td></td>
<td></td>
<td></td>
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<tr>
<td>---</td>
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<td>---</td>
</tr>
<tr>
<td>f. Create a <strong>grid street design</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>g. Cluster residences to preserve open space</td>
<td></td>
<td></td>
</tr>
<tr>
<td>h. Provide public facilities for physical activity such as <strong>shared-use paths or trails</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>i. Create <strong>bike lanes</strong> and bike parking</td>
<td></td>
<td></td>
</tr>
<tr>
<td>j. Respect community character, design, and historic features</td>
<td></td>
<td></td>
</tr>
<tr>
<td>k. Plant trees and other aesthetic features</td>
<td></td>
<td></td>
</tr>
<tr>
<td>l. Create opportunities for resident interaction</td>
<td></td>
<td></td>
</tr>
<tr>
<td>m. Build <strong>high density</strong> residence units</td>
<td></td>
<td></td>
</tr>
<tr>
<td>n. Create short blocks</td>
<td></td>
<td></td>
</tr>
<tr>
<td>o. Build narrow streets for slower traffic speeds</td>
<td></td>
<td></td>
</tr>
<tr>
<td>p. Provide affordable housing</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

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SECTION 4: MAINTENANCE

Regular maintenance of pedestrian, cyclist and recreation facilities, such as sidewalks, bike lanes, and shared-use paths, is important to encourage active living. To answer the questions in Section 4, talk to your city engineer, recreation director, public works department, township supervisor, code compliance officer, or city manager.

Note: If you have questions about any aspect of the assessment, please contact Sarah Panken (via email at slpanken@michiganfitness.org or via phone at 517-347-7891).

LEARN MORE! Follow the DG and RG links.

4.1 Do your community’s ordinances require business owners to keep sidewalks in front of their businesses clear from snow?

- Yes, we have an ordinance and it is enforced
- Yes, we have an ordinance but it is not enforced
- No, we do not have an ordinance
- The community government is responsible for sidewalk snow removal

4.2. Do your community’s ordinances require individual homeowners or homeowners associations to keep sidewalks on (or adjacent to) their property clear from snow?

- Yes, we have an ordinance and it is enforced
- Yes, we have an ordinance but it is not enforced
- No, we do not have an ordinance
- The community government is responsible for sidewalk snow removal

4.3. Do your community’s ordinances require individual homeowners to fix cracks and make repairs to sidewalks near or in front of their homes?

- Yes, we have an ordinance and it is enforced
- Yes, we have an ordinance but it is not enforced
- No, we do not have an ordinance
- The community government is responsible for sidewalk maintenance and repair

4.4 Does your community’s road maintenance program include a schedule that prioritizes:
| a. Keeping **bike routes** clear of snow | Yes | No | No bike routes in community |
| b. Keeping bike routes clear of leaves and debris through street sweeping | Yes | No | No bike routes in community |
| c. Maintaining **shared-use paths**. This means the surface is in good repair, brush vegetation is cut back, trash receptacles are emptied | Yes | No | No shared-use paths in community |
| d. Keeping **shared-use paths** clear of snow | Yes | No | No shared-use paths in community |
| e. Ensuring all walking or biking surfaces are kept level, with sewer grates and utility access covers even with surface | Yes | No |  |
| f. Ensuring all sewer grates are bicycle friendly. This means the metal surfaces are roughened to prevent skidding, and that bike wheels cannot get caught in the grates | Yes | No |  |
| g. Ensuring street shoulders, transition areas between streets and bridges, areas around grates, and surfaces between streets and gutters are maintained, free of potholes, and safe for bicyclists | Yes | No |  |
| h. Ensuring street lights are well maintained throughout the community. This means that broken globes are changed in a timely manner | Yes | No | No street lights in community |
| i. Checking **pedestrian signals** regularly to make sure they are operating | Yes | No | No pedestrian signals in community |
| j. Regularly repainting **crosswalks** | Yes | No |  |
| k. Regularly repainting **bike lane** lines | Yes | No | No bike lanes in community |

---

Click here NOW to save your work and check your answers.

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SECTION 5: PROGRAMS, PROMOTION AND FACILITIES FOR PHYSICAL ACTIVITY

Equitable access to parks, shared-use trails, and sports facilities is important for ensuring that all residents of all income levels can be physically active. Promoting facilities and encouraging residents to be physically active is also essential. Most of the questions in Section 5 can be answered by your parks and recreation department.

Note: If you have questions about any aspect of the assessment, please contact Sarah Panken (via email at slpanken@michiganfitness.org or via phone at 517-347-7891).

LEARN MORE! Follow the DG and RG links.

Programming and Promotion

5.1 Within the past 5 years, has a community-wide campaign been launched in your community encouraging residents to be physically active (that is, to increase activity in general, increase walking, encourage bicycle commuting, promote use of a trail, etc)? A community wide-campaign is a highly visible, coordinated effort that could include billboards, TV, radio, special interest stories in local newspapers, presentations to schools, promotional previews in movie theaters, or direct mailings.

Yes  No

5.2 Within the past 12 months, how many events were hosted within your community with local government support (including the parks and recreation department, policing, etc.) that promote physical activity, such as walk-a-thons, pedometer challenges, 5K races, public walks, biking events, corporate challenges, etc.?

Note: Please enter a whole number without commas or periods. If no events, enter zero.

50

5.2a. Your community had _____ 2.24 _____ events per 1000 residents.

5.2b. Are physical activity events organized by your community’s local government unit promoted to all neighborhoods in your community, and to residents of all income levels?

Yes, promotion is evenly distributed  Mixed, some distribution, some concentration  No, promotion is mostly concentrated in one or a few areas

5.3 Is a written inventory of public physical activity facilities, parks, shared-use paths/trails and/or fitness classes available
to the public?

- Yes
- No

5.4 Does your community have the following recreation programs:

<table>
<thead>
<tr>
<th></th>
<th>No</th>
<th>Yes, moderate to high cost</th>
<th>Yes, free to low cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Walking clubs</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>b. Biking clubs</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>c. Running clubs</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>d. Physical activity classes</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>e. Sports leagues for adults</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>f. Sports leagues for youth (not including school athletic programs)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>g. Senior citizen centers or nutrition sites that offer exercise programs</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>h. Other, please describe</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Ypsilanti Otters- youth swim club

5.4a.1 Is access to the recreation programs listed above fair and uniform – that is, available and convenient to all neighborhoods in your community, and to residents of all income levels?

- Yes, promotion is evenly distributed
- Mixed, some distribution, some concentration
- No, access is mostly concentrated in one or a few areas

Recreation Facilities

5.5 How many of the following exercise and/or recreation facilities within the community are open to the public and are free or low cost? Do not include school facilities, private gyms/clubs or facilities that are moderate to high cost.

Note: Please enter a whole number in each space. If there are no such facilities, enter zero in the space provided.

<table>
<thead>
<tr>
<th>Facility</th>
<th>Number that are free or low cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Community ice skating arenas, roller/inline skating facilities, and skate parks</td>
<td>1</td>
</tr>
<tr>
<td>b. Swimming pools and water spray parks</td>
<td>1</td>
</tr>
<tr>
<td>c. Weight training facilities and community gyms/recreation centers</td>
<td>5</td>
</tr>
<tr>
<td>d. Tennis courts (# of individual courts)</td>
<td>6</td>
</tr>
</tbody>
</table>
5.5n Is access to the recreation facilities listed above fair and uniform – that is, available and convenient to all neighborhoods in your community, and to residents of all income levels?

- Yes, access is evenly distributed
- Mixed, some distribution, some concentration
- No, access is mostly concentrated in one or a few areas

5.6 Is access to supervised recreation facilities for children fair and uniform – that is, available and convenient to all neighborhoods and children of all income levels?

- Yes, access is evenly distributed
- Mixed, some distribution, some concentration
- No, access is mostly concentrated in one or a few areas
- Not applicable; There are no supervised recreation facilities for children in the community

5.7 Does your community have a written policy agreement with the local school district(s) to provide access to school facilities for physical activity during non-school hours?

- Yes
- No

---

### Parks

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>e. Soccer fields (# of fields)</td>
<td>4</td>
</tr>
<tr>
<td>f. Baseball/softball fields (# of fields)</td>
<td>13</td>
</tr>
<tr>
<td>g. Basketball courts (# of individual courts)</td>
<td>10</td>
</tr>
<tr>
<td>h. Golf courses and disc golf courses</td>
<td>2</td>
</tr>
<tr>
<td>i. Volleyball courts, including sand (# of individual courts)</td>
<td>1</td>
</tr>
<tr>
<td>j. Handball/squash/ racquetball facilities</td>
<td>11</td>
</tr>
<tr>
<td>k. Cross country ski trails and canoe liveries</td>
<td>0</td>
</tr>
<tr>
<td>l. Private malls or local schools open for walkers</td>
<td>0</td>
</tr>
<tr>
<td>m. Playgrounds with play structures (# of playgrounds)</td>
<td>8</td>
</tr>
</tbody>
</table>

**TOTAL FREE OR LOW COST RECREATION FACILITIES** | 62

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Click here NOW to save your work and check your answers

Remember, you can return and change your responses anytime prior to your final submission. If you leave this page without saving, all data entered will be lost and must be re-entered.

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5.8 Does your community have one or more public parks?

- Yes
- No
5.8a. How many acres of public park space are available in your community?

*Note: Please enter a whole number without commas or periods. If there is no park space, enter zero.*

123

5.8b. Your community has ____ 5.5 ____ acres of public park space available per 1000 residents.

5.8c. Approximately what percentage of park facilities meet the standards of the Americans with Disabilities Act (ADA)?

- Less than 25%
- 25% to 50%
- 51% to 75%
- More than 75%

5.8d. Is access to public parks in your community fair and uniform – that is, available and convenient to all neighborhoods in your community, and to residents of all income levels?

- Yes, access is evenly distributed
- Mixed, some distribution, some concentration
- No, access is mostly concentrated in one or a few areas

---

**Trails/Shared-Use Paths**

5.9 How many miles of *shared-use paths* or *multi-use recreational trails* are available in your community? This does not include sidewalks or *sidepaths* (wide sidewalks along roads).

*Note: Please enter a whole number without commas or periods. If no such paths or trails, enter zero.*

7

5.10 Your community has ____ 1.4 ____ miles of shared use paths or multi-use recreation trails available per community square mile.

5.10a. Is access to shared-use paths or multi-use recreational trails in your community fair and uniform – that is, available and convenient to all neighborhoods in your community, and to residents of all income levels?

- Yes, access is evenly distributed
- Mixed, some distribution, some concentration
- No, access is mostly concentrated in one or a few areas
The Promoting Active Communities assessment and award is brought to you by the Michigan Department of Community Health, the Governor’s Council on Physical Fitness, Sports and Health, Michigan State University and the Prevention Research Center of Michigan.
SECTION 6: POLICIES AND EDUCATION FOR SAFETY AND SECURITY

Safety and security are both critical for active living communities. Safety means that when people are out being active, they feel confident that they will come to no physical harm, such as from automobile crashes or poorly maintained sidewalks. Security means that pedestrians and cyclists can move without fear of crime or some other threat, such as an unleashed dog. Your public works department and local law enforcement agency can assist you in answering questions in Section 6.

Note: If you have questions about any aspect of the assessment, please contact Sarah Panken (via email at slpanken@michiganfitness.org or via phone at 517-347-7891).

LEARN MORE! Follow the DG and RG links.

Education

6.1 Are educational programs offered in the community to encourage bicyclists and/or skaters to follow safe riding practices? These programs are sometimes offered by local biking organizations, law enforcement agencies, safe kids coalitions, safe routes to school coalitions, or during smart commute week.

☐ Yes
☐ No

6.2 Are educational programs for motorists offered in the community on sharing the road legally and safely with bicyclists? These programs could be offered through media campaigns, local drivers education programs, or bicycling advocacy organizations.

☐ Yes
☐ No

Injury Prevention

6.3 Does your community have a system or procedures in place to evaluate the factors behind pedestrian and bicyclist injuries caused by crashes with motor vehicles, and to recommend needed safety improvements?

For example, one system that works for many communities is to have a non-motorized transportation advisory committee or health coalition work with the public health department or hospitals to acquire injury data and determine the locations of pedestrian injuries. Recommendations for safety improvements can then be made to the public works department for high crash injury areas.

☐ Yes
6.4 Are traffic regulations requiring cars to yield to pedestrians at crosswalks enforced?

- Always
- Usually (more than 50% of the time)
- Sometimes (25-50% of the time)
- Rarely (less than 25% of the time)
- Never

6.5 Are the following public facilities for physical activity regularly patrolled for security by law enforcement officers or trained volunteers?

a. Parks

- Always
- Usually (more than 50% of the time)
- Sometimes (25-50% of the time)
- Rarely (less than 25% of the time)
- Never
- Not applicable; There are no parks in the community

b. Shared-use paths/Trails

- Always
- Usually (more than 50% of the time)
- Sometimes (25-50% of the time)
- Rarely (less than 25% of the time)
- Never
- Not applicable; There are no shared-use paths/trails in the community

6.6 Does your community’s police department have a community policing program?

- Yes
- No

6.7 Does your community’s police department support Neighborhood Watch Programs? Support could include activities such as providing funding or incentives, assisting with organization development, or providing training programs.

- Yes
- No

6.8 In general, is fear of crime in your community a deterrent to biking or walking?
The Promoting Active Communities assessment and award is brought to you by the Michigan Department of Community Health, the Governor's Council on Physical Fitness, Sports and Health, Michigan State University and the Prevention Research Center of Michigan.
SECTION 7: BICYCLE FACILITIES

This section assesses the "bikeability" of your community. Ask your city manager, engineer, or your community's transportation or public works departments for assistance with answering these questions.

Note: If you have questions about any aspect of the assessment, please contact Sarah Panken (via email at slpanken@michiganfitness.org or via phone at 517-347-7891).

LEARN MORE! Follow the and links.

7.1 How many miles of on-street bike lanes exist in your community? 

Note: Please enter a whole number without commas or periods. If your community does not have bike lanes, enter zero.

4 miles

7.1a. Your community has ___ miles of on-street bike lanes per 1000 residents.

7.2 What is the total mileage of your community's arterial streets? Arterial streets are major roadways designed to carry large volumes of traffic and often have more than two lanes through developed areas.

Note: Please enter a whole number, without commas or periods.

20 miles

7.2a. How many miles of your community's arterial streets have on-street bike lanes, wide curb lanes, or paved shoulders that are in good enough condition for bicycling?

Note: Please enter a whole number without commas or periods. If none of these features exist in your community, enter zero.

3 miles

7.2b. Your community has ___ of arterial streets with on-street bike lanes, wide curb lanes or paved shoulders.

7.3 Has your community examined the most appropriate bicycle facilities along its roadways and designated signed bicycle routes? A bicycle route is a section of road designated for bicycle use with signs, and may also have striping or pavement markings for bike lanes, wide curb lanes or paved shoulders.

Yes, and we have a complete bicycle route system

Yes, we've started the process and have a plan or program to designate and complete important bicycle route
connections that are currently missing

- No, we have not assessed the bicycle facilities in our community and do not have designated bicycle routes

7.3a. Does your community have a published bicycle route map? [DG]

- Yes, and the route map is easily available to community residents
- Yes, but the route map is not easily available
- No published route map

7.3b. Are your community's bicycle routes marked by signs or other markings?

- Yes
- No

7.4 Does your community actively promote Bike to Work Day or Week, a Smart Commute program, or any other bicycle commuting incentive programs? [RG]

- Yes
- No

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SECTION 8: PUBLIC TRANSPORTATION

Having a system of public transportation (or transit) promotes physical activity in three ways: (1) public transportation can reduce some of the traffic congestion that makes walking and biking challenging; (2) people who use public transportation generally walk some distance between their transit stops and their destinations; and (3) a public transportation system that can accommodate bicycles can increase the practicality of bicycling to many destinations. To answer the questions in Section 8, contact the director or an employee of the local public transit agency that serves your community.

Note: If you have questions about any aspect of the assessment, please contact Sarah Panken (via email at slpanken@michiganfitness.org or via phone at 517-347-7891).

LEARN MORE! Follow the DG and RG links.

8.1 Does your community have a system of public transportation or is it part of a regional transportation authority such as CATA (Capital Area Transportation Authority) or GRATA (Grand Rapids Area Transportation Authority)?

- Yes, we have a fixed-route transportation system
- Yes, we have a Dial-a-Ride type transportation system for the general public (that is, not limited to a special system for residents with disabilities)
- No, we do not have a public transportation

If you answer "no" to this question, the remaining questions in the section will not be displayed. To view these questions, please see the Preview copy of the application.

8.2. What proportion of your community is served by your area’s public transportation system?

- Very few residents (0-25%)
- Some residents (26-75%)
- Most residents (more than 75%)
- All residents

8.3 Does your community’s public transportation service area include major employers, medical facilities, schools and retail areas that serve your community?

- Includes none of these destinations
- Includes very few of these destinations (0-25%)
- Includes some of these destinations (26-75%)
- Includes most of these destinations (more than 75%)
- Includes all of these destinations

8.4. Does your community’s public transportation system serve all areas of your community often enough to make it a realistic option for regular commuting?
8.5 Can public transportation stops be easily reached by walking?

Note: This means that sidewalks leading up to the transit stop are continuous, maintained and present on both sides of the street, busy intersections are safe for pedestrian crossing, and the area is secure from crime.

- None of the relevant areas are served often enough
- Very few relevant areas are served often enough (0-25%)
- Some relevant areas are served often enough (26-75%)
- Most relevant areas are served often enough (more than 75%)
- All relevant areas are served often enough

8.6 Are the community's general funds and/or a dedicated transit millage used to help fund public transportation?

- Yes, general funds and/or a transit millage fund public transportation
- No, neither general funds nor a millage fund public transportation

8.7 Are public transportation vehicles in your community equipped with bike racks?

- Yes, all are equipped with bike racks
- More than 75% are equipped with bike racks
- 50% to 75% are equipped with bike racks
- 25% to 49% are equipped with bike racks
- Less than 25% are equipped with bike racks
- None are equipped with bike racks

The Promoting Active Communities assessment and award is brought to you by the Michigan Department of Community Health, the Governor's Council on Physical Fitness, Sports and Health, Michigan State University and the Prevention Research Center of Michigan.
SECTION 9: DOWNTOWN AREA

Section 9 refers to your community’s downtown area (if your community has a downtown). Take a walk or bicycle ride to your downtown area to answer these questions. You may also need to ask your community’s public works department or Downtown Development Authority for some information.

Note: If you have questions about any aspect of the assessment, please contact Sarah Panken (via email at slpanken@michiganfitness.org or via phone at 517-347-7891).

LEARN MORE! Follow the and links.

Background Questions

9.1 Does your community have a downtown?

- Yes
- No

If you answer "no" to this question, the remaining questions in the section will not be displayed. To view these questions, please see the Preview copy of the application.

9.2 Please indicate the boundaries surrounding your downtown area. Boundaries can include streets, highways, rivers or other natural terrain, or structural features such as railroad tracks.

Michigan Avenue (US-12 & M-17) is the "Main Street" downtown. The district is bounded to the east by the Huron River, to the north by Pearl (roughly), to the south by Ferris (roughly) and to the west by Ballard (roughly).

9.3 Does your community have a Downtown Development Authority?

- Yes
- No

Mixed Land Use and Accessibility

9.4 Which of the following destinations are located within the boundaries of your downtown area:

- Yes
- No
<p>| | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Park</td>
<td></td>
<td></td>
</tr>
<tr>
<td>b. Recreation center</td>
<td></td>
<td></td>
</tr>
<tr>
<td>c. Gym or fitness facility</td>
<td></td>
<td></td>
</tr>
<tr>
<td>d. Convenience/small grocery store</td>
<td></td>
<td></td>
</tr>
<tr>
<td>e. Supermarket</td>
<td></td>
<td></td>
</tr>
<tr>
<td>f. Fruit/vegetable market</td>
<td></td>
<td></td>
</tr>
<tr>
<td>g. Fast food restaurant</td>
<td></td>
<td></td>
</tr>
<tr>
<td>h. Coffee Shop</td>
<td></td>
<td></td>
</tr>
<tr>
<td>i. Non-fast food restaurant</td>
<td></td>
<td></td>
</tr>
<tr>
<td>j. Hardware store</td>
<td></td>
<td></td>
</tr>
<tr>
<td>k. Clothing store</td>
<td></td>
<td></td>
</tr>
<tr>
<td>l. Book store</td>
<td></td>
<td></td>
</tr>
<tr>
<td>m. Video store</td>
<td></td>
<td></td>
</tr>
<tr>
<td>n. Pharmacy/drug store</td>
<td></td>
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<tr>
<td>o. Laundry/dry cleaners</td>
<td></td>
<td></td>
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<tr>
<td>p. Post office</td>
<td></td>
<td></td>
</tr>
<tr>
<td>q. Bank/credit union</td>
<td></td>
<td></td>
</tr>
<tr>
<td>r. Salon/barber</td>
<td></td>
<td></td>
</tr>
<tr>
<td>s. Bus stop</td>
<td></td>
<td></td>
</tr>
<tr>
<td>t. Library</td>
<td></td>
<td></td>
</tr>
<tr>
<td>u. Elementary school</td>
<td></td>
<td></td>
</tr>
<tr>
<td>v. Other schools</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

9.5 Are there residential areas located within a safe ten-minute walk from your downtown area?

*Note:* A “safe walk” means that sidewalks are continuous, maintained and present on both sides of the street, busy intersections are safe for pedestrian crossing, and the area is secure from crime.

- [ ] No residential areas
- [ ] A few residential areas
- [ ] Many residential areas

9.6 Are there public transit stops located within a safe ten-minute walk from your downtown area?

*Note:* A “safe walk” means that sidewalks are continuous, maintained and present on both sides of the street, busy intersections are safe for pedestrian crossing, and the area is secure from crime.

- [ ] Yes
- [ ] No

[Click here NOW to save your work and check your answers](http://mihealthtools.org/communities/default.asp?tab=SECTION09)
Sidewalks

9.7 Does your downtown area have sidewalks?

☐ Yes
☐ No

In your downtown area:

9.7a. How many downtown streets have sidewalks?

☐ None
☐ Very few (less than 25%)
☐ Some (25-75%)
☐ Most (more than 75%)
☐ All

9.7b. How many downtown streets have sidewalks on both sides of the street?

☐ None
☐ Very few (less than 25%)
☐ Some (25-75%)
☐ Most (more than 75%)
☐ All

9.7c. How many downtown streets have a buffer zone or furniture zone between the sidewalk, and automobile traffic or parking lots?

☐ None
☐ Very few (less than 25%)
☐ Some (25-75%)
☐ Most (more than 75%)
☐ All

9.7d. How many sidewalks in your downtown area are wide enough for groups to walk together, and pass pedestrians coming in the opposite direction?

☐ None
☐ Very few (less than 25%)
☐ Some (25-75%)
☐ Most (more than 75%)
☐ All

9.7e. Are sidewalk obstructions in your downtown area, such as signs, newspaper vending machines, and trash receptacles placed out of the path of pedestrians so that they do not interfere with walking or wheelchair use?
9.7f. How many intersections in your downtown area have two separate curb ramps (sloped sections of the sidewalk that connect to the crosswalk), one leading to each crosswalk? None, Very few (less than 25%), Some (25-75%), Most (more than 75%), All.

9.8 How many crosswalks in your downtown area have well-marked pavement (i.e., with continental or ladder style markings, stop bars, or similar markings) and are supported by clear signage and lighting? None, Very few (less than 25%), Some (25-75%), Most (more than 75%), All.

9.9 How many crosswalks in your downtown area have fixed-time pedestrian signals, leading-time pedestrian signals, visibility enhancements such as flashing lights, curb extensions, or other pedestrian-focused devices or improvements so that pedestrians and bicyclists are prioritized at the intersections for safe crossing? None, Very few (less than 25%), Some (25-75%), Most (more than 75%), All.

9.10 How many crosswalks in your downtown area on roads with four or more lanes have medians (with curb ramps) that provide a refuge and resting space for pedestrians while crossing? None, Very few (less than 25%), Some (25-75%), Most (more than 75%), All.
Not applicable; The downtown has no four-lane or wider roads

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Streetscape

9.11 How visually attractive is your downtown area?

- Absolutely beautiful
- Very attractive
- Somewhat attractive
- Not at all attractive

9.12 How many streets in your downtown area are lined with trees?

- None
- Very few (less than 25%)
- Some (25-75%)
- Most (more than 75%)
- All

9.13 Does your downtown area have one or more outdoor public gathering spaces, such as parks, public squares, or green spaces, with places for people to sit?

- Yes
- No

9.14 Are benches placed at regular intervals in your downtown area?

- Yes, every block or every other block
- Yes, every three or more blocks
- There are no benches in the downtown area

Click here NOW to save your work and check your answers

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Lighting

9.15 Are sidewalks and parking areas in your downtown area lighted to enhance safety and security at night?

- None
- Very few (less than 25%)
Parking

9.16 Are automobile parking areas in your downtown area located behind commercial buildings, in parking garages, or on the street -- not in parking lots between storefronts and streets?

- None
- Very few (less than 25%)
- Some (25-75%)
- Most (more than 75%)
- All

9.17 Are bike racks or bike storage lockers conveniently located throughout your downtown area?

- None
- Very few
- Some
- Most

Crime

9.18 In general, is fear of crime in your downtown area a deterrent to biking or walking?

- No
- A little
- Some
- A lot

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http://mihealthtools.org/communities/default.asp?tab=SECTION09
SECTION 10: SHOPPING AREAS

Section 10 refers to one of your community's shopping areas, other than your primary "downtown" shopping area. This may include a shopping mall, big box retail area, commercial strip mall, farmers market or urban center. To complete this section, please select one major shopping area in your community. Only this shopping area will be scored for your award application.

Take a walk or bicycle ride to the shopping area you select to answer the questions in this section. You may also need to contact your community's public works department.

Note: If you have questions about any aspect of the assessment, please contact Sarah Panken (via email at slpanken@michiganfitness.org or via phone at 517-347-7891).

Background Questions

10.1 Does your community have one or more shopping areas, other than a primary "downtown" shopping area, such as shopping malls, big box retail areas, commercial strip malls, or urban centers?

☐ Yes ☐ No

If you answer "no" to this question, the remaining questions in the section will not be displayed. To view these questions, please see the Preview copy of the application.

10.2 What is the name of the shopping area in your community for which you will be completing this section?

Depot Town

10.3 Shopping area description (Select one):

☐ Big box retail area
☐ Shopping mall
☐ Farmers market
☐ Commercial strip mall
☐ Urban center
☐ Other, please describe _______________________________

10.4 Please indicate the boundaries surrounding this shopping area. Boundaries can include streets, highways, rivers or other natural terrain, or structural features such as railroad tracks.

East Cross Street is the "Main Street" in Depot Town, Depot ________
10.5 Is your shopping area located within a safe ten-minute walk of residential homes?  

Note: A “safe walk” means that sidewalks are continuous, maintained and present on both sides of the street, busy intersections are safe for pedestrian crossing, and the area is secure from crime.

- There are no residential areas within a safe walk
- Yes, there are a few residential areas within a safe walk
- Yes, there are many residential areas within a safe walk

10.6 Is your shopping area located within a safe ten-minute walk of public transit stops?  

Note: A “safe walk” means that sidewalks are continuous, maintained and present on both sides of the street, busy intersections are safe for pedestrian crossing, and the area is secure from crime.

- Yes
- No
- Not applicable; Our community is not served by public transit

10.7 Are automobile entrances and exits from the road into your shopping area limited in number and width so as to protect pedestrians and cyclists on the sidewalks and roads? This is called "access management."

- Yes
- No

10.8 Within your shopping area, are there safe and clearly designated sidewalks or pathways for pedestrians to walk:

a. From outside of the shopping area to the store entrances?

- Yes
- No

b. From parking areas to the store entrances?

- Yes
- No
c. From store to store?

- Yes
- No

---

**Streetscape**

10.9 Is your shopping area attractively landscaped?

- Absolutely beautiful
- Very attractive
- Somewhat attractive
- Not at all attractive

10.10 Does your shopping area have one or more outdoor public gathering spaces, such as parks, public squares, or green spaces with places for people to sit?

- Yes
- No

---

**Lighting**

10.11 Are sidewalks and parking areas in your shopping area lighted to enhance safety and security at night?

- None
- Very few (less than 25%)
- Some (25-75%)
- Most (more than 75%)
- All

---

**Crosswalks and Traffic**

10.12 How many intersections within or leading to your shopping area have two separate curb ramps (sloped sections of the sidewalk that connect to the crosswalk), one leading to each crosswalk?

- None
- Very few (less than 25%)
- Some (25-75%)
- Most (more than 75%)
- All
10.13 How many crosswalks within or leading to your shopping area have well-marked pavement (i.e., with continental or ladder style markings, stop bars, or similar markings) and are supported by clear signage and lighting? 

- None
- Very few (less than 25%)
- Some (25-75%)
- Most (more than 75%)
- All

10.14 How many crosswalks within or leading to your shopping area have fixed-time pedestrian signals, leading-time pedestrian signals, visibility enhancements such as flashing lights, curb extensions or other pedestrian-focused devices or improvements so that pedestrians and bicyclists are prioritized at intersections for safe crossing?

- None
- Very few (less than 25%)
- Some (25-75%)
- Most (more than 75%)
- All

10.15 How many crosswalks within or leading to your shopping area on roads with four or more lanes have medians (with curb ramps) that provide a refuge and resting space for pedestrians while crossing?

- None
- Very few (less than 25%)
- Some (25-75%)
- Most (more than 75%)
- All
- Not applicable; Your shopping area has no 4-lane or wider roads

Parking

10.16 Are automobile parking areas in your shopping area located behind commercial buildings, in parking garages, or on the street -- not in parking lots between storefronts and streets?

- Yes
- No

10.17 Are bike racks or bike storage lockers conveniently located throughout your shopping area?

- None
Very few
Some
Many

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SECTION 11: SCHOOLS

To complete this section, please select one public Elementary School in your community. If there are no public elementary schools within your community's boundaries, choose one that serves your community's children. Only this elementary school will be scored for the award application.

Note: If the only elementary school in your community is a school that also serves middle school and/or high school students (that is, grades 7 and above), please complete the information for this school, but answer for the elementary school students.

You will need to speak with a school administrator, transportation director, physical education or health education teacher, and/or a school nurse or other health professional from the school you select to answer the questions in this section.

Note: If you have questions about any aspect of the assessment, please contact Sarah Panken (via email at slpanken@michiganfitness.org or via phone at 517-347-7891).

LEARN MORE! Follow the and links.

Background Questions

11.1 Which public school districts serve your community’s children?

Note: Because more than one school district may serve your community's children, we have provided space for up to three school districts. If your community is served by more than three, please indicate the three that serve the most children in your community.

<table>
<thead>
<tr>
<th>School District 1</th>
<th>Ypsilanti Public School District</th>
</tr>
</thead>
<tbody>
<tr>
<td>School District 2</td>
<td>-</td>
</tr>
<tr>
<td>School District 3</td>
<td>-</td>
</tr>
</tbody>
</table>

11.2 How many public schools (K-8) serve the children of your community?

Number of Elementary Schools: 5
Number of Middle Schools: 2
Number of Combined Elementary Schools/Middle Schools: 0

11.3 For which elementary school will you be completing this section? Please provide school name and address.

Name of Elementary School: Estabrook Elementary
Street Address of Elementary School: 1555 W Cross St
City: Ypsilanti
State: Michigan
Zip Code: 48197

11.4 Does this elementary school also include middle school or high school grade levels (grades 6 and higher)?

☐ Yes
☒ No

11.5 What is the total enrollment of Estabrook Elementary?
Note: Please enter a whole number with no commas or periods. If your school contains middle or high school grades, include only the elementary school, grades K-5 enrollment.

11.6 How many of these students live:
   a. within 1 mile of the school? 75
   b. within 2 miles of the school? 115

Note: Please enter whole numbers with no commas or periods; if no students live within these distances, enter zero.

Healthy School Action Tool

11.7 Has Estabrook Elementary completed the Health School Action Tool (HSAT) online assessment***?
   ○ Yes; Indicate Year: ____________________
   ○ No

* The Healthy School Action Tool is Michigan's tool for assessing the health of a school environment. To find out more about the HSAT, go to www.mihealthtools.org/schools

Safe Routes to School

Michigan has joined the International Safe Routes to School (SR2S) movement to encourage students to walk and bicycle to school on safe routes and to obtain needed physical activity. A Michigan SR2S toolkit that includes materials and procedures for the SR2S process is available at www.saferoutesmichigan.org.

11.8 Has Estabrook Elementary used the SR2S process or a similar process to assess the number of students who walk or bike to school?
   ○ Yes
   ○ No

11.9 Has Estabrook Elementary used the SR2S or a similar process to assess the safety and security of routes used by students who walk to school? Safety means that when people are out being active, they feel confident that they will come to no physical harm, such as from automobile crashes or poorly maintained sidewalks. Security means that pedestrians and cyclists can move without fear of crime or some other threat, such as an unleashed dog.
   ○ Yes
   ○ No

11.10 Has Estabrook Elementary developed a SR2S or similar action plan to correct hazards along routes children use or could use to walk and bike to school, including education, encouragement, enforcement, and engineering strategies where needed?
   ○ Yes
   ○ No

11.11 Does Estabrook Elementary have sidewalks on both sides of the streets leading to and from the school building that allow safe passage without conflicts from automobile traffic? 10
   ○ Yes
   ○ No
11.12 Does Estabrook Elementary have crossing guards present at major intersections leading up to the school?

- [ ] Yes
- [ ] No

11.13 Does Estabrook Elementary allow elementary school students to ride their bicycles to school?

- [ ] Yes
- [ ] No

11.14 Does Estabrook Elementary have bike racks or a safe place for students to keep bicycles at school?

- [ ] Yes
- [ ] No

11.15 Has Estabrook Elementary participated in Walk to School Day in the last 12 months?

- [ ] Yes
- [ ] No

---

**Physical Education**

11.16 Has Estabrook Elementary adopted the Michigan State Board of Education Policy on Quality Physical Education?

- [ ] Yes
- [ ] No

11.17 Does Estabrook Elementary use the Michigan Exemplary Physical Education Curriculum (EPEC) or comparable curriculum?

- [ ] Yes
- [ ] No

11.18 During the past 12 months, how often was physical education provided for all elementary grades:

- [ ] Physical education is not offered throughout the entire school year or for all grades
- [ ] 90 minutes or less every week throughout the entire school year
- [ ] 91 to 149 minutes every week throughout the entire school year
- [ ] 150 minutes or more every week through the entire school year

*Note: If PE is not offered throughout the entire school year, then your minutes should not be averaged. Answer "Physical education is not offered..." as indicated above.*

---

**Other Physical Activity Opportunities**

11.19 Does Estabrook Elementary provide free or low-cost extracurricular activities and non-competitive physical activities that help develop skills and attitudes needed to participate in lifetime physical activities?
11.20 Has Estabrook Elementary participated in ACES (All Children Exercising Simultaneously) in the last 12 months?  
[Circle: Yes | No]

11.21 Has Estabrook Elementary participated in a school walking, mileage, or pedometer program in the last 12 months?  
[Circle: Yes, all elementary grades and classes | Yes, some elementary grades and classes | No]

Physical Activity Policies

11.22 Does Estabrook Elementary have the following written policies and are they routinely enforced?

<table>
<thead>
<tr>
<th>No written policy</th>
<th>Yes, written policy but not routinely enforced</th>
<th>Yes, written policy &amp; routinely enforced</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Offer daily opportunities for unstructured physical activity for at least 20 minutes (recess)</td>
<td>[Circle]</td>
<td>[Circle]</td>
</tr>
<tr>
<td>b. Prohibit the use of physical activity as punishment (for example, making children run laps or do push ups)</td>
<td>[Circle]</td>
<td>[Circle]</td>
</tr>
<tr>
<td>c. Prohibit restricting participation in unstructured physical activity (recess) as punishment or to make up missed instructional time</td>
<td>[Circle]</td>
<td>[Circle]</td>
</tr>
</tbody>
</table>

The Promoting Active Communities assessment and award is brought to you by the Michigan Department of Community Health, the Governor's Council on Physical Fitness, Sports and Health, Michigan State University and the Prevention Research Center of Michigan
SECTION 12: NEIGHBORHOODS

To complete this section, please select one neighborhood in your community that is below the median income level for the entire community. Only this neighborhood will be scored for your award application.

- The median income for your community is: $28,610.00

Click here for help in finding a neighborhood in your community below the median income level.

Once you have selected a neighborhood, we recommend that this section be completed by a team of residents who live in the neighborhood. The team of residents (at least two residents, but preferably more) should come to a consensus for each question. If the neighborhood has a neighborhood organization, you may want to contact the leader of this organization.

Note: If you have questions about any aspect of the assessment, please contact Sarah Panken (via email at slpanken@michiganfitness.org or via phone at 517-347-7891).

LEARN MORE! Follow the DG and RG links.

Background Information

12.1 Name of Neighborhood: Worden Gardens

12.2 Please indicate your neighborhood’s boundaries. Boundaries can include streets, highways, rivers or other natural terrain, or structural features such as railroad tracks.

Bounded by Michigan Avenue to the north, Harriet Street to the south, First St to the west and Hawkins on the east.

A map can be seen at http://ypsicopac.org/neighbor.htm.

12.2a Median income for this neighborhood

19167
facilities listed below if the average person *walked* to them?  
Unsure? Grab a friend and try walking there!

*Note: If the destination does not exist in your neighborhood, select “More than 30 minutes.” “There is no safe route to walk to this destination” indicates that an individual would not be safe from automobile traffic or secure from crime while walking to this destination.*

<table>
<thead>
<tr>
<th>ACTIVITIES</th>
<th>1 to 5 minutes (about .25 mile)</th>
<th>6 to 10 minutes (about .5 mile)</th>
<th>11 to 20 minutes (about 1 mile)</th>
<th>21 to 30 minutes (about 1.5 miles)</th>
<th>More than 30 minutes (more than 1.5 miles)</th>
<th>There is no safe route to walk to this destination</th>
</tr>
</thead>
<tbody>
<tr>
<td>c. Gym or fitness facility</td>
<td>![ ]</td>
<td>![ ]</td>
<td>![ ]</td>
<td>![ ]</td>
<td>![ ]</td>
<td>![ ]</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>FOOD</th>
<th>1 to 5 minutes (about .25 mile)</th>
<th>6 to 10 minutes (about .5 mile)</th>
<th>11 to 20 minutes (about 1 mile)</th>
<th>21 to 30 minutes (about 1.5 miles)</th>
<th>More than 30 minutes (more than 1.5 miles)</th>
<th>There is no safe route to walk to this destination</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>SHOPPING</th>
<th>1 to 5 minutes (about .25 mile)</th>
<th>6 to 10 minutes (about .5 mile)</th>
<th>11 to 20 minutes (about 1 mile)</th>
<th>21 to 30 minutes (about 1.5 miles)</th>
<th>More than 30 minutes (more than 1.5 miles)</th>
<th>There is no safe route to walk to this destination</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>ERRANDS</th>
<th>1 to 5 minutes (about .25 mile)</th>
<th>6 to 10 minutes (about .5 mile)</th>
<th>11 to 20 minutes (about 1 mile)</th>
<th>21 to 30 minutes (about 1.5 miles)</th>
<th>More than 30 minutes (more than 1.5 miles)</th>
<th>There is no safe route to walk to this destination</th>
</tr>
</thead>
</table>
### Access to Services

12.4 Please choose the answer that best applies to the consensus of the group. Both *local* and *within walking distance* mean within a 10 to 15 minute walk from the center of your neighborhood.

<table>
<thead>
<tr>
<th></th>
<th>Strongly Disagree</th>
<th>Somewhat Disagree</th>
<th>Somewhat Agree</th>
<th>Strongly Agree</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Stores are within easy walking distance of our neighborhood</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>b. Parking is difficult in local shopping areas</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>c. There are many places to go within easy walking distance of our neighborhood</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>d. It is easy to walk to a bus or train stop from our neighborhood</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>e. The streets in our neighborhood are hilly, making our neighborhood difficult to walk in</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>f. There are major barriers to walking in our local area that make it hard to get from place to place (for example, freeways, railroad lines, or rivers)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Click here NOW to save your work and check your answers.

Remember, you can return and change your responses anytime prior to your final submission. If you leave this page without saving, all data entered will be lost and must be re-entered.
12.5 Please choose the answer that best applies to the consensus of the group.

<table>
<thead>
<tr>
<th></th>
<th>Strongly Disagree</th>
<th>Somewhat Disagree</th>
<th>Somewhat Agree</th>
<th>Strongly Agree</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. The streets in our neighborhood do not have many, or any, dead-end streets, including cul-de-sacs</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>b. The distance between intersections in our neighborhood is usually short (the length of a football field or less)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>c. There are many alternative routes for getting from place to place in our neighborhood (residents don’t have to go the same way every time)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Click here NOW to save your work and check your answers

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Places for Walking

12.6 Please choose the answer that best applies to the consensus of the group.

<table>
<thead>
<tr>
<th></th>
<th>Strongly Disagree</th>
<th>Somewhat Disagree</th>
<th>Somewhat Agree</th>
<th>Strongly Agree</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. There are sidewalks on most streets in our neighborhood</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>b. Sidewalks are separated from the road/traffic in your neighborhood by parked cars</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>c. There is a grass/dirt strip that separates the streets from the sidewalks in our neighborhood</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Click here NOW to save your work and check your answers

Remember, you can return and change your responses anytime prior to your final submission. If you leave this page without saving, all data entered will be lost and must be re-entered.

Neighborhood Surroundings

12.7 Please choose the answer that best applies to the consensus of the group.

<table>
<thead>
<tr>
<th></th>
<th>Strongly Disagree</th>
<th>Somewhat Disagree</th>
<th>Somewhat Agree</th>
<th>Strongly Agree</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. There are trees along the streets in our neighborhood</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>b. There are many interesting things to look at while walking in our neighborhood</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>c. There are many attractive natural sights in our neighborhood (such as landscaping, views)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>d. There are attractive buildings/homes in our neighborhood</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Neighborhood Safety and Security

12.8 Please choose the answer that best applies to the consensus of the group.

<table>
<thead>
<tr>
<th></th>
<th>Strongly Disagree</th>
<th>Somewhat Disagree</th>
<th>Somewhat Agree</th>
<th>Strongly Agree</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. There is so much traffic along streets near our neighborhood that it makes it difficult or unpleasant to walk</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>b. The speed of traffic on most streets near our neighborhood is usually slow (30 mph or less)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>c. Most drivers exceed posted speed limits when driving in our neighborhood</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>d. Our neighborhood streets are well lit at night</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>e. Walkers and bikers on the streets in our neighborhood can be easily seen by people in their homes</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>f. There are crosswalks and pedestrian signals to help walkers cross busy streets in our neighborhood</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Note: If there are no busy streets, select &quot;Strongly Agree&quot;</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>g. There is a high crime rate in our neighborhood</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>h. The crime rate in our neighborhood makes it unsafe to go on walks during the day</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>i. The crime rate in our neighborhood makes it unsafe to go on walks at night</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Strongly Agree (DG)

12.9 Does your neighborhood have a neighborhood organization or block club? [RG]

- [ ] Yes
- [ ] No

12.10 Does your neighborhood have a community police officer assigned to the neighborhood?

- [ ] Yes
- [ ] No

12.11 Does your neighborhood have a crime watch program?

- [ ] Yes
12.12 Does your neighborhood organize a neighborhood walking club or biking club?

- Yes
- No

12.13 Does your neighborhood organize recreational activities for residents, such as sporting events, teams, or leagues?

- Yes
- No
SECTION 13: WORKSITES

In this section, you will answer questions about one private employer in your community, as well as your community as a public employer -- to determine the extent to which they provide opportunities for and promote physical activity to their employees.

The private employer/worksite you select must be within the geographic boundaries of your community and ideally should be one that employs a large number of community residents.

Note: If you have questions about any aspect of the assessment, please contact Sarah Panken (via email at slpanken@michiganfitness.org or via phone at 517-347-7891).

Worksite Background Information

Complete the following questions about the private employer/worksite you would like to assess. You will need to speak with a personnel or human resources administrator to answer these questions.

13.1 Employer Name: Eastern Michigan University

13.2 Employer Street Address: 202 Welch Hall

City: Ypsilanti

State: Michigan

Zip Code: 48197

13.3 How many people are employed at this worksite?

- □ Fewer than 20
- □ 20 to 99
- □ 100 to 249
- □ 250 to 499
- □ 500 or more

Click here NOW to save your work and check your answers.

Remember, you can return and change your responses anytime prior to your final submission. If you leave this page without saving, all data entered will be lost and must be re-entered.

Worksite Physical Activity Promotion

13.4 In which of the following ways does this employer or worksite promote physical activity for employees?
**Public Employees Background Information**

The following questions apply to the community's public employees. You will need to speak with a government personnel or human relations administrator to answer these questions.

13.5 How many people does your community's governing body employ?

- [ ] Fewer than 20
- [ ] 20 to 99
- [x] 100 to 249
- [ ] 250 to 499
- [ ] 500 or more

---

*To learn more about Michigan's Designing Healthy Environments at Work assessment and how it can help improve the health of a worksite, go to [http://mihealthtools.org/work](http://mihealthtools.org/work)*

---

**Click here NOW to save your work and check your answers**

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Physical Activity Promotion for Public Employees

13.6 In which of the following ways does your community's governing body promote physical activity to public employees?

<table>
<thead>
<tr>
<th></th>
<th>Yes</th>
<th>No</th>
<th>Not Applicable</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Provides showers and a locker area</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>b. Provides safe areas to walk and/or exercise</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>c. Offers flexible work or break times to allow physical activity</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>d. Makes <strong>individually adapted behavior change programs</strong> available to employees</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>e. Makes exercise classes available to employees</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>f. Offers a walking club or other socially-oriented physical activity groups</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>g. Provides bike racks</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>h. Offers incentives for walking, bicycling, or using public transportation to get to work</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>i. Provides an on-site exercise room or facility, or pays a substantial part of the membership fee to exercise clubs (YMCA's, fitness clubs, etc.)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>j. Provides health information to employees (via bulletin boards, newsletters, intranet messages or sites, etc.)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>k. Has a wellness coordinator or wellness committee to plan opportunities and events</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>l. Gives incentives/rewards for employees who demonstrate a certain level of physical activity (such as reduced health insurance co-pays, extra vacation time, prizes, etc.)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>m. Encourages use of stairways in buildings where stairways are present. This means that stairways are easy to find, clean and appealing, and signs promote stair use for exercise</td>
<td></td>
<td></td>
<td><strong>No stairways in any buildings</strong></td>
</tr>
<tr>
<td>n. Provides financial assistance to employees who purchase homes within walking distance of the place of employment</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>o. Has completed the Designing Healthy Environments at Work (DHEW)* online assessment</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*To learn more about Michigan's Designing Healthy Environments at Work assessment and how it can help improve the health of a worksite, go to [http://www.mihealthtools.org/work](http://www.mihealthtools.org/work)

Click here NOW to save your work and check your answers.

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